



WOMEN DOING BIG THINGS:

A TRANSFORMATIONAL RETREAT WITH SARAH DUSEK

15 th – 20 th May 2027

For visionary women reimagining leadership, purpose, and possibility.

Few & Far Luvhondo, South Africa

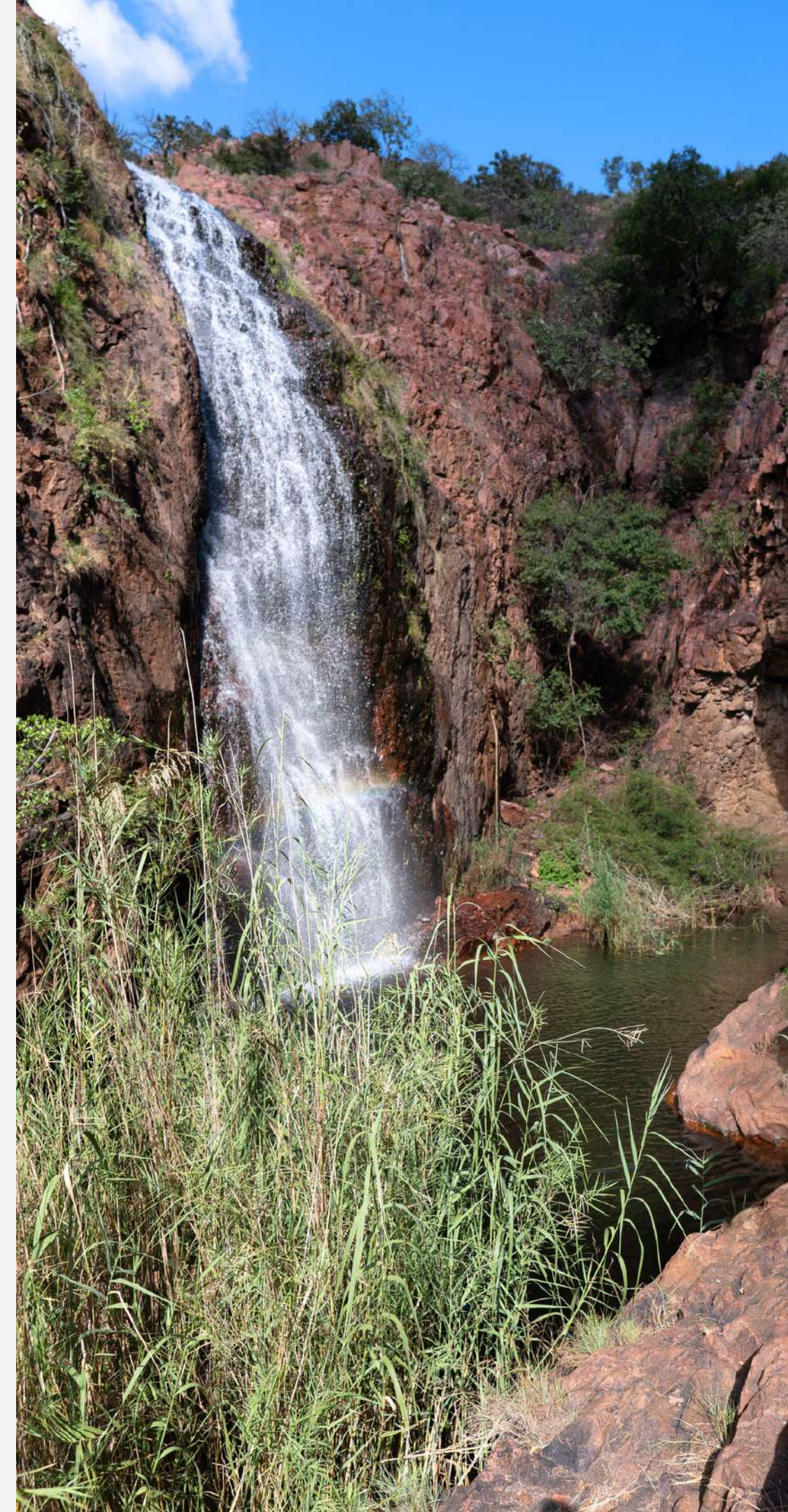
www.fewandfarluvhondo.com



OVERVIEW

Set among ancient baobabs and dramatic sandstone cliffs in South Africa's remote Soutpansberg mountains, this immersive retreat invites women founders and C-Suite execs to slow down, reconnect with themselves, and expand their vision for what comes next. Guided by Sarah Dusek, this journey blends deep reflection with the wildness of nature, time to realign ambition with soul, success with sustainability, and leadership with inner wisdom.

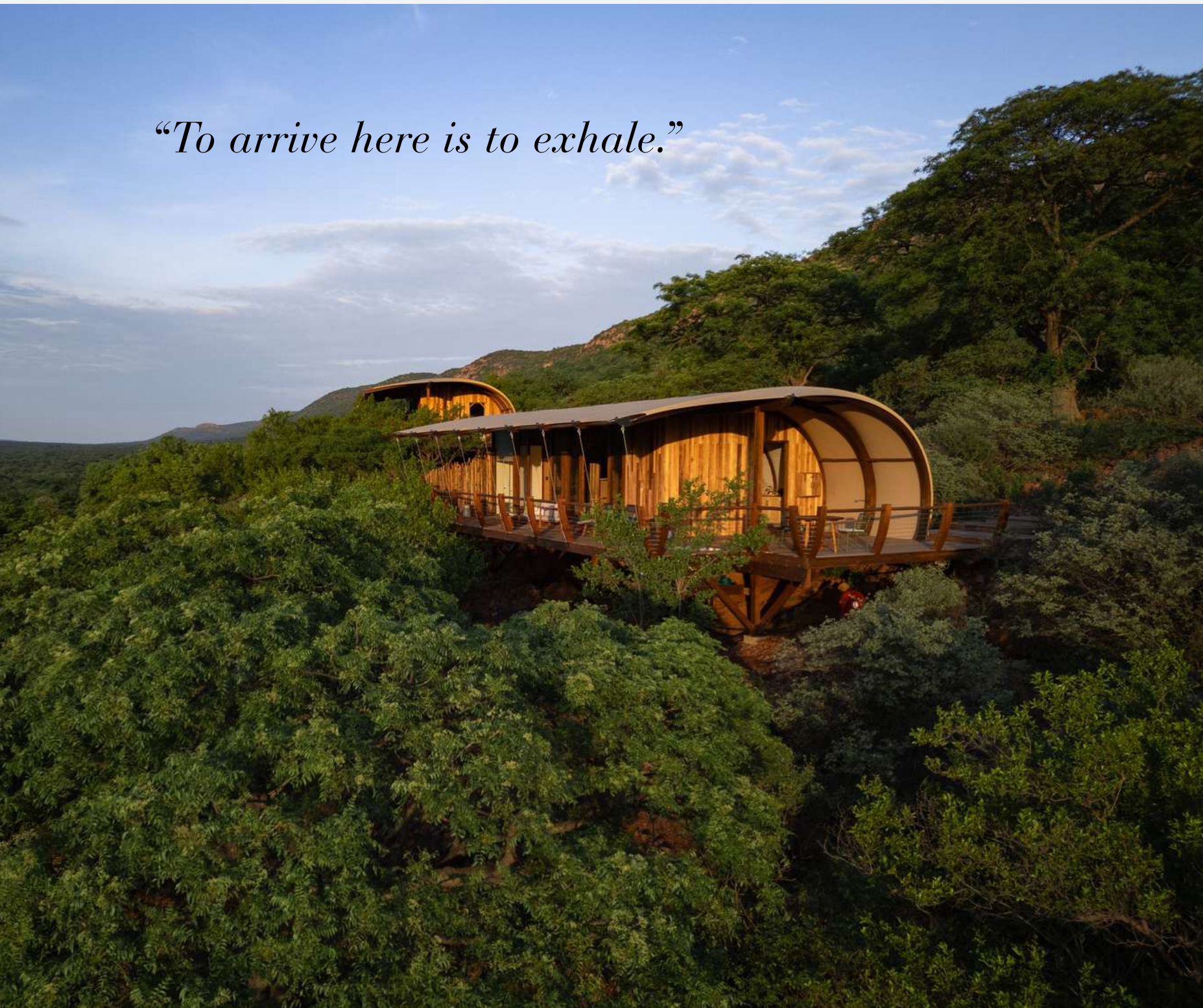
At Few & Far Luvhondo, luxury merges seamlessly with wilderness. Each day is an invitation to reconnect with what is essential, in your work, your purpose, and your own becoming.



DAY 1

Arrival & Grounding in the Wild

“To arrive here is to exhale.”

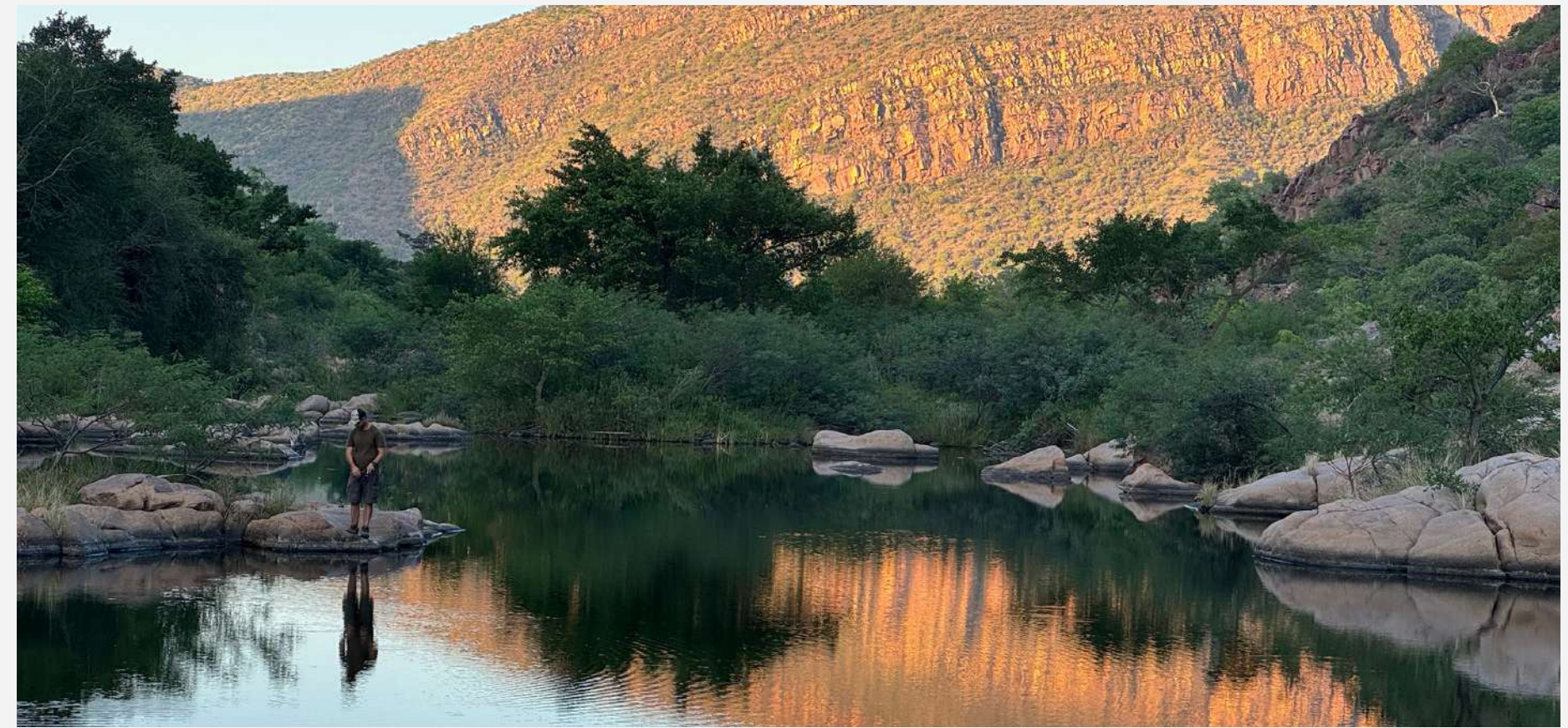


- Arrive at Polokwane Airport, greeted by our team for a scenic transfer through the Soutpansberg mountains to Few & Far Luvhondo.
- Settle into your private Cliff suite, overlooking the vast valley below.
- Welcome circle with Sarah: “Why We’re Here” — connecting with the land, each other, and the deeper purpose of this gathering.
- Sunset cocktails and dinner under the stars.

DAY 2

Rooted Presence

Slowing down to see clearly.



- Sunrise meditation and gentle movement beneath the baobabs.
- Walking Among Giants: a guided learning walk through ancient baobab trees — reflections on endurance, patience, and timeless wisdom followed by breakfast in the bush
- Back in camp there is time for Spa treatments, time by the pool.
- Long, slow lunch and quiet afternoon rest.
- Evening fireside conversation: The Art of Stillness in a World That Never Stops.

DAY 3

The Power of Authentic Leadership

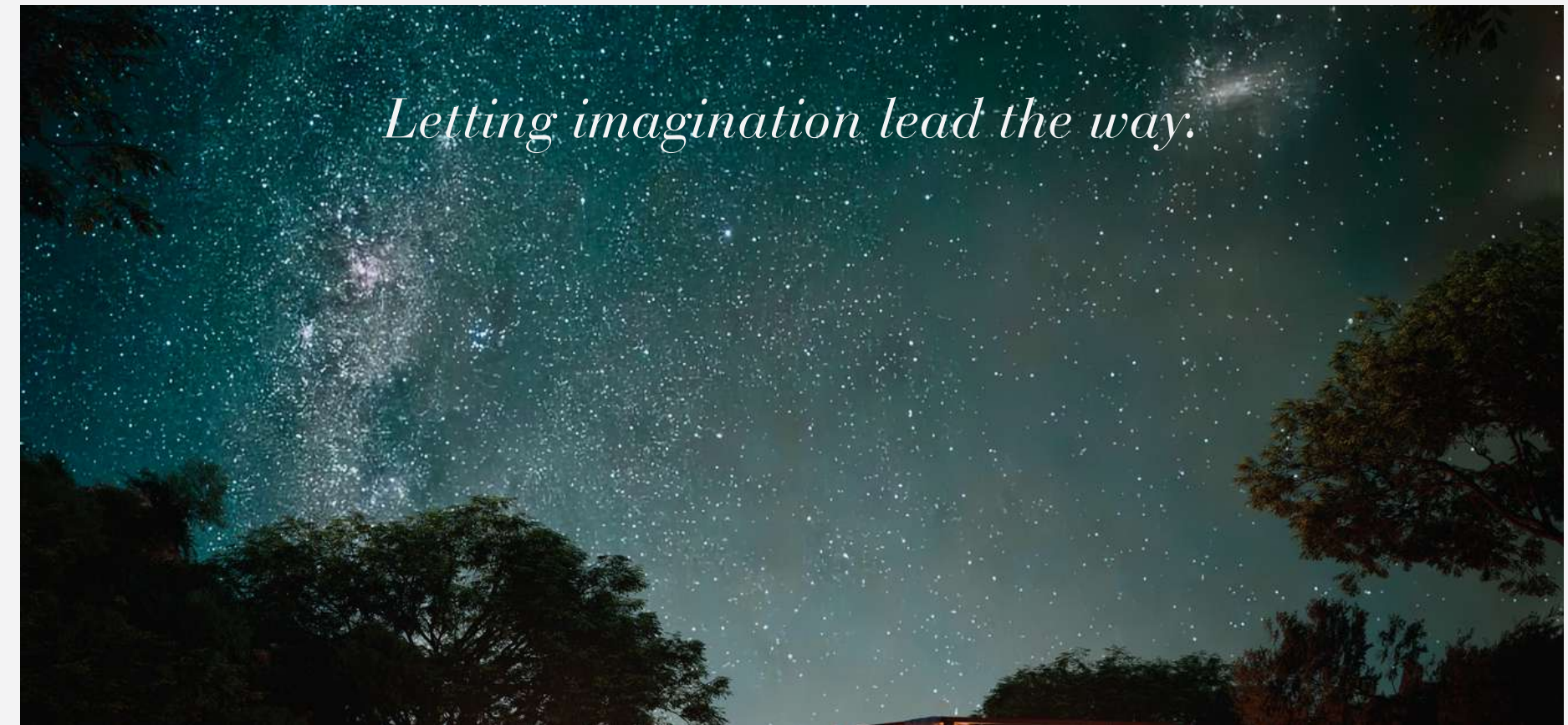
*Leading from
the inside out.*



- Morning yoga and breathwork.
- Workshop with Sarah: Big Vision, Deep Grounding — exploring how to lead with presence, integrity, and intuition.
- Shared lunch and dialogue with local female conservationists.
- Optional afternoon safari adventure and conservation experience.
- Dinner conversation: Courage as the Currency of Change.

DAY 4

Creative Expansion



Letting imagination lead the way.

- Morning reflection walk: noticing what the land teaches.
- Visioning session with Sarah — mapping the next bold chapter of your leadership journey.
- Afternoon Foraging Walk: discovering the medicinal and culinary plants of the bush with our local naturalists.
- Evening: Wild Dinner Under the Stars — shared with our Venda community who will share song, stories, history of the local Venda Community.

DAY 5

Integration & Embodiment



- Slow breakfast and intention-setting.
- Afternoon group integration: Translating Insight into Action — how to sustain change in life and leadership.
- Closing ceremony at sunset: Commitment to Courage — shared reflections beneath the baobabs.
- Celebration dinner, music, and stargazing.

DAY 6

Departure & Return

*Leaving renewed, rooted,
and re-inspired.*



- Early morning gratitude walk and closing meditation.
- Farewell breakfast overlooking the escarpment.
- Transfers to Polokwane Airport.

WHAT'S INCLUDED

\$6,500 per person sharing a Cliff Suite (double occupancy)	\$8,500 per single occupancy Cliff Suite (single occupancy)	R44,075 SADC resident rate
--	--	---

- 5 nights luxury accommodation in private tented suites at Few & Far Luvhondo
- All meals, snacks, and beverages (including local wines and spirits)
- Daily guided meditations, workshops, and circles with Sarah Dusek
- All scheduled experiences, including walks, foraging, and local artisan sessions
- A one hour Vhudziki Spa Ritual (additional spa experiences can be added)
- Round-trip transfers from Polokwane Airport to Few & Far Luvhondo
- Conservation levy's



THIS RETREAT IS FOR YOU IF...

You are a woman at the helm, a founder, CEO, or creative visionary ready to pause the pace, reconnect with purpose, and reimagine what leadership means in this next chapter of your life. You are longing for community with other women who lead boldly yet crave depth. You believe that doing big things begins within, through stillness, clarity, and the courage to dream differently.



3-NIGHT OPTIONAL ADD ON ADVENTURE AT LEPOGO LODGE, LAPALALA GAME RESERVE.

Add additional nights in the African bush in the Lapalala Game Reserve, one of South Africa's significant conservation areas, where guests can enjoy twice-daily game drives, guided walking safaris, and boat safaris along the Palala River. Home to the Big Five, more than 300 bird species, and a wealth of conservation initiatives, Lapalala offers exceptional wildlife encounters alongside unique experiences such as pangolin conservation, ancient Bushman rock art, Iron Age archaeological sites, and unforgettable stargazing beneath pristine African skies.



*Experience an unforgettable safari
that perfectly complements a journey through
Limpopo's wild landscapes.*

\$6,750 per person Single Occupancy	\$5,785 per person Double Occupancy
---	---

Suitable for adding pre or post retreat.

We would be delighted to help you plan all your travel to this incredible part of Africa. We look forward to serving you.

A LETTER FROM SARAH

There are seasons in every woman's life when we feel called to step away, to listen more deeply, to remember who we are beneath the noise, and to ask what wants to emerge next.

I created this retreat for women like us, women who are building, leading, creating, and carrying much, to pause, to breathe, and to be nourished by the wild.

Few & Far Luvhondo is a place that invites presence. Among ancient baobabs and endless skies, we are reminded of what is enduring and true. Over these days together, we'll explore what it means to lead with both power and tenderness, to create from a place of rest, and to expand our vision for what's possible, for ourselves and the world we're shaping. This is a journey of reconnection, to nature, to purpose, and to one another. I can't wait to welcome you.

Sarah

